



The
Aesthetic
Medicine
Congress
in association with
British College of Aesthetic
Medicine

FINAL PROGRAMME

Hotel Palace
Dubrovnik
11-13/10/2019



MILOCLINIC



British College of
Aesthetic Medicine



President of the Croatian Parliament
Gordan Jandroković

Republic of Croatia
Ministry of Health

Ministry of Science and Education

REPUBLIC OF CROATIA
Ministry of Tourism

REPUBLIKA
HRVATSKA
DUBROVNIK

CITY OF
DUBROVNIK

CROATIAN
MEDICAL
CHAMBER

CROATIA
Full of life

HDEM

MEIDAM

FRIDAY, October 11, 2019

	LECTURE THEATRE DUBROVNIK	LECTURE THEATRE KING'S LANDING
10:00 - 19:00	Registration	
11:00 - 13:00	LIVE INJECTION MASTERCLASS Using the emotional attributes in the daily clinic practice Full face approach Two live injections on split screen plus lectures MD codes DIMITRIOS SYKIANAKIS (Greece) IMAN NURLIN (Sweden) ELIAN BRENNINKMEIJER (The Netherlands)	
13:00 - 13:50	Lunch break	
13:50 - 14:10	Congress opening - dignitary/VIP speeches Moderators: Jana Fabijanić, Ljiljana Vinković	
14:10 - 14:40	OPENING LECTURE Connecting the beauty of Croatia with the world through aesthetic medicine NIKOLA MILOJEVIĆ (Croatia), President of the Organising and Scientific Committees	
14:40 - 16:30	PLENARY LECTURES Moderators: Jana Fabijanić, Ljiljana Vinković, Iman Nurlin, Elian Brenninkmeijer	
14:40 - 15:10	TAMC 2019 KEY TOPIC Jawline contouring for men and women TAPAN PATEL (UK)	
15:10 - 15:40	Rejuvenation of the upper and lateral vector with fillers and botulinum toxin RAJ KANODIA (USA)	
15:40 - 16:00	SUCCESS STORY 15th anniversary of the Fern Pattern technique TOM VAN EIJK (The Netherlands)	
16:00 - 16:30	TAMC 2019 KEY TOPIC Jawline contouring: the new buzz for Millennials (including lower face anatomy, chin, gonion reshaping, "Asian V-Line", "Texas look", botulinum toxin potential, alternative surgery) HERVÉ RASPALDO (Switzerland)	
16:30 - 17:00	Coffee break	
17:00 - 18:40	BUZZ TOPICS Moderators: Mladen Duduković, Patrick Treacy	BUZZ TOPICS Moderators: Lakhdar Belhaouari, Mladen Šljaj
17:00 - 17:20	Impact of social media on aesthetic medicine TAPAN PATEL (UK)	TAMC 2019 KEY TOPIC Enhancing the contour: chin, neck, mesoface and jawline go together LAKHDAR BELHAOUARI (France)
17:20 - 17:40	SUCCESS STORY How I got where I am now? - Choosing my patients and products, focus on the result RADINA DENKOVA (Bulgaria)	Bichectomy – buccal fat pad removal - safe and effective HERVÉ RASPALDO (Switzerland)
17:40 - 18:00	How to become an international aesthetic brand? OGNJEN BAGATIN (Croatia)	Tear trough techniques based on anatomy TAPAN PATEL (UK)
18:00 - 18:20	Correcting the lid cheek junction without surgery PETER PRENDERGAST (Ireland)	Orthodontics and aesthetics MLADEN ŠLAJ (Croatia)
18:20 - 18:40	Regenerative Medicine: Truth and fiction AHMED AL-QAHTANI (UAE)	Aesthetic medicine through the eyes of a dentist (in Croatian with English slides) ŽELJKO ROTIM (Croatia)
19:00 - 21:00	Welcome cocktail reception	

SATURDAY, October 12, 2019

	LECTURE THEATRE DUBROVNIK	LECTURE THEATRE KING'S LANDING
08:00-18:30	Registration	
08:30-09:30	MANAGING COMPLICATIONS SESSION Moderators: Koenraad De Boulle, Peter Prendergast	08:30-08:50 MEDICAL TOURISM
08:30-08:50	Dermal filler complications - the anatomy LAKHDAR BELHAOUARI (France)	08:30-08:50 Medical tourism in Zagreb ZAGREB TOURIST BOARD (Croatia)
08:50-09:10	Complications Case Studies and the DON issue DAVID ECCLESTON (UK)	08:50-10:10 MIXED AESTHETIC TOPICS SECTION – from Brexit and aesthetic regulation to rejuvenation through music Moderators: Emmanuel Elard, Paul Charlson
09:10-09:30	Old myths, new facts and figures in different filler complication KOENRAAD DE BOULLE (Belgium)	08:50-09:10 Is aesthetics in the UK a bigger mess than Brexit? PAUL CHARLSON (UK)
09:30-10:10	LIVE INJECTION DEMONSTRATION Rejuvenation of the upper and lateral vector with fillers and botulinum toxin RAJ KANODIA (USA) Moderator: Koenraad De Boulle	09:10-09:40 SUCCESS STORY 20 years dealing with aesthetic complications PATRICK TREACY (Ireland)
10:10-10:30	Coffee break	
10:30-11:10	LIVE INJECTION DEMONSTRATION Dermal filler and botulinum toxin injections with focus on jawline contouring HERVÉ RASPALDO (Switzerland) Moderator: Tapan Patel	09:40-10:10 Next Motion solution - The most advanced imaging system in aesthetic medicine EMMANEUL ELARD (France)
11:10 - 13:00	DERMAL FILLERS AND BOTULINUM TOXIN SESSION Moderators: Željana Bolanča, Dimitrios Sykianakis	10:30-12:00 MIXED AESTHETIC TOPICS SESSION CONTINUED Moderators: Emmanuel Elard, Paul Charlson
11:10 - 11:30	The best match for a beautiful smile - perfectly defined full lips TATJANA PAVICIC (Germany)	10:30-11:50 The effect of music on healing and rejuvenating the body JOE MEIXNER (Croatia)
11:30 - 11:50	Threads and fillers - combination in face lifting MLADEN DUDUKOVIĆ (Croatia)	11:50-12:00 EPIC - synergy of innovation and patient experience in aesthetic medicine OGNJEN BAGATIN (Croatia)
11:50 - 12:10	Botulinum toxin myths TOM VAN EIJK (The Netherlands)	12:00-13:00 BUSINESS, SOCIAL NETWORKS AND MARKETING IN AESTHETICS SECTION Moderators: Dimitris Vrachnos, Mato Rajić
12:10 - 12:40	Multilayer, multimodal individualized full face treatment approach TATJANA PAVICIC (Germany)	12:00 - 12:30 10 Commandments for a successful medical aesthetics business DIMITRIS VRACHNOS (Greece)
12:40 - 13:00	Nose injections - 9 point safety HERVÉ RASPALDO (Switzerland)	12:30 - 13:00 Business spider web – develop your business with essential development business tools DIMITRIS VRACHNOS (Greece)
13:00 - 14:00	Lunch	

SATURDAY, October 12, 2019

14:00 - 14:30	LIVE HYALURONIC ACID INJECTION SESSION - The Fern Pattern TOM VAN EIJK (The Netherlands) Moderator: Hervé Raspaldo	14:00-14:40 BUSINESS, SOCIAL NETWORKS AND MARKETING IN AESTHETICS SECTION CONTINUED Moderators: Dimitris Vrachnos, Mato Rajić
14:30 - 16:00	DERMAL FILLERS AND BOTULINUM TOXIN SESSION CONTINUED Moderators: David Eccleston, Radina Denkova	14:00 - 14:20 Branding your practice ŠESNIĆ TURKOVIĆ (Croatia)
14:30 - 14:45	Treatment plans for the full face approach part 1 - Setting the scene TAPAN PATEL (UK)	14:20 - 14:40 Online marketing - essential tool for a private aesthetic practice MATO RAJIĆ (Croatia)
14:45 - 15:00	Treatment plans for the full face approach part 2 - Implementation TAPAN PATEL (UK)	14:40 - 16:00 SPONSORED LECTURES SESSION
15:00 - 15:40	MASTERCLASS The art of aesthetics BOB KHANNA (UK)	15:00 - 15:30 Zimmer sponsored lecture ZWavePro - fastest way to get rid of cellulite with lifting effects PABLO NARANJO (Spain)
15:40 - 16:00	What are the most important advances in dermal filler and botulinum toxin techniques in the last 5 years and what does the future hold? - panel discussion TAPAN PATEL, HERVÉ RASPALDO, TOM VAN EIJK, DIMITRIOS SYKIANAKIS, IMAN NURLIN, BOB KHANNA	15:30 - 16:00 Galderma sponsored lecture Lower face - Higher standard ERNEST NOVAK (Slovenia)
16:00 - 16:20	Coffee break	
16:20 - 18:40	AESTHETIC SURGERY SESSION Moderators: Mario Zambelli, Lakhdar Belhaouari, Aleksandar Milenović	16:20 - 16:40 SUCCESS STORY Aesthetics in the media: How the press has viewed the advance of non surgical procedures in the last 20 years ALICE HART-DAVIS (UK)
16:20 - 16:40	Endonasal (closed) rhinoplasty RAJ KANODIA (USA)	16:40 - 18:40 SPONSORED LECTURES SESSION CONTINUED
16:40 - 17:00	Revision rhinoplasty SINIŠA GLUMIČIĆ (Croatia)	16:40 - 17:25 Allergan sponsored lecture - VOLUX IMAN NURLIN (Sweden)
17:00 - 17:20	Blepharoplasty ALEKSANDAR MILENOVIĆ (Croatia)	17:25 - 17:40 Galderma sponsored lecture The perfect treatments for the perfect skin NEVIA DELALLE (Croatia)
17:20 - 17:40	Advanced aesthetic otoplasty TOMICA BAGATIN (Croatia)	
17:40 - 18:00	When the breast augmentation becomes a breast reconstruction DAVOR MIJATOVIĆ (Croatia)	17:40 - 18:10 Reviderm sponsored lecture Revolution in Microneedling KRISTINA UKALOVIĆ (Croatia)
18:00 - 18:20	Vaser lipo case study ANDREJ ROTH (Croatia)	
18:20 - 18:40	Combined surgical and non surgical approach to facial rejuvenation MARIO ZAMBELLI (Croatia)	18:10 - 18:40 Plasmage sponsored lecture PlasmAge – a unique tool for periorbital rejuvenation and cosmetic surgery & Combination of fillers and plasmage ANTONIO ORTEGA GÓMEZ (Spain)

SUNDAY, October 13, 2019

	LECTURE THEATRE DUBROVNIK	LECTURE THEATRE KING'S LANDING
08:30 - 14:00	Registration	
09:00 - 10:00	LASER/DEVICES SESSION - Shaping of the body and face Moderators: Tomica Bagatin, Rita Rakus	LASER/DEVICES SESSION - Shaping the body and face Moderators: Josip Lovrić, Vladimir Stojiljković
09:00 - 09:20	Laser 1470nm and its possibility of implementation in facial and body sculpting ZORAN ŽGALJARDIĆ (Croatia)	Romeo - first truly fractional laser for snoring reduction JOSIP LOVRIĆ (Croatia)
09:20 - 09:40	Thermal vs. non thermal technologies in non invasive body contouring RITA RAKUS (UK)	Endolift - minimally invasive procedure for shaping the face DINKO KALITERNA (Croatia)
09:40 - 10:00	Body is the new face GALYNA SELEZNEVA (UK)	Lipolife - laser liposuction VLADIMIR STOJILJKOVIĆ (Serbia)
10:00 - 10:30	Coffee break	
10:30 - 11:50	SKIN AND HAIR QUALITY SESSION Moderators: Nevia Delalle, Matt Stefanelli	10:30-12:30 SPONSORED LECTURES SESSION
10:30 - 10:50	Therapy for hair loss beyond Minoxidil and Finasteride ŽELJANA BOLANČA (Croatia)	10:30-11:00 Alma sponsored lecture Alma latest state of the art technologies for aesthetic practice PABLO NARANJO (Spain)
10:50-11:20	Everything you were afraid to ask about hair restoration surgery KONSTANTINOS ANASTASSAKIS (Greece)	11:00-11:30 Hydrafacial sponsored lecture Maximising results of surgical , non-surgical and minimally invasive combination treatments with Hydrafacial PABLO NARANJO (Spain)
11:20-11:40	Treatment of acne and acne scarring IVANA NOLA (Croatia)	
11:40-12:00	Practical stem cells in aesthetics KAMBIZ GOLCHIN (Ireland)	
12:00-12:30	AESTHETIC GYNEACOLOGY SESSION Moderator: Dinko Kaliterna	
12:00-12:30	Aesthetic gynaecology latest updates - The latest buzz SHERIF EL WAKIL (UK)	
12:30 - 13:30	Lunch break	
13:30 - 17:30	TAMC LIVE DEMO & iClassAnatomy Comprehensive face anatomy sessions with cadaver movies Numerous dermal filler live injection demonstrations Cutting edge on-screen technology Never before seen in this region TAPAN PATEL (UK) & MATT STEFANELLI (France)	

TAMC LIVE

anatomy
iClass

Sunday,
October 13, 2019
13:30-17:30
Lecture
theatre Dubrovnik

demo & iClassAnatomy

by Tapan Patel & Matt Stefanelli

- comprehensive cadaver anatomy sessions for facial injectors
- numerous dermal filler live injection demonstrations
- cutting edge on-screen technology
- never before seen in this region
- it is not possible to book this masterclass without participating in the TAMC congress

275
€

There are a few seats still available, for booking please see our staff at the registration desk.

TAPAN PATEL & MATT STEFANELLI
(UK) (France)

Masterclass schedule

13:30-15:00	Tapan Patel	Matt Stefanelli
Temple	Lecture with anatomy videos	Live injection demo
Forehead	Lecture with anatomy videos	Live injection demo
Tear trough	Lecture with anatomy videos	Live injection demo
Cheek	Lecture with anatomy videos	Live injection demo
15:00-15:30	Coffee break	
15:30-17:30	Matt Stefanelli	Tapan Patel
Lip	Lecture with anatomy videos	Live injection demo
Chin	Lecture with anatomy videos	Live injection demo
Jaw	Lecture with anatomy videos	Live injection demo
Nose	Lecture with anatomy videos	Live injection demo

TAMC 2019 KEY TOPIC JAWLINE

Jawline
contouring
for men and
women



TAPAN PATEL
(UK)

Jawline contouring:
the new buzz for
Millennials
(including lower face
anatomy, chin, gonion
reshaping, "Asian V-Line",
"Texas look", botulinum toxin
potential, alternative surgery)



HERVÉ RASPALDO
(Switzerland)

Enhancing
the contour:
chin, neck,
mesoface and
jawline go
together



LAKHDAR BELHAOUARI
(France)

BUZZ TOPICS

Friday, October 11, 2019
Lecture
theatre Dubrovnik

Impact of
social media
on aesthetic
medicine



TAPAN PATEL
(UK)

How to
become an
international
aesthetic
brand?



OGNJEN BAGATIN
(Croatia)

Correcting
the lid cheek
junction
without
surgery



PETER PRENDERGAST
(Ireland)

Regenerative
Medicine: Truth
and fiction



AHMED AL-QAHTANI
(UAE)

BUZZ TOPICS

Friday, October 11, 2019
Lecture theatre
King's Landing

Bichectomy
- buccal fat
pad removal
- safe and
effective



HERVÉ RASPALDO
(Switzerland)

Tear trough
techniques
based on
anatomy



TAPAN PATEL
(UK)

Orthodontics
and
aesthetics



MLADEN ŠLAJ
(Croatia)

Aesthetic
medicine
through the eyes
of a dentist
(in Croatian with
English slides)



ŽELJKO ROTIM
(Croatia)

SUCCESS STORIES

15th
anniversary
of the Fern
Pattern
technique



TOM VAN EIJK
(The Netherlands)

How I got where
I am now? -
Choosing my
patients and
products, focus
on the result



RADINA DENKOVA
(Bulgaria)

20 years
dealing with
aesthetic
complications



PATRICK TREACY
(Ireland)

Aesthetics in the
media: How the
press has viewed
the advance
of non surgical
procedures in
the last 20 years



ALICE HART-DAVIS
(UK)

LIVE INJECTION MASTERCLASS

- Using the emotional attributes in the daily clinic practice
- Full face approach
- Two live injections on split screen plus lectures
- MD codes



DIMITRIOS SYKIANAKIS
(Greece)



IMAN NURLIN
(Sweden)



ELIAN BRENNINKMEIJER
(The Netherlands)

LIVE INJECTION DEMONSTRATIONS

Rejuvenation of the upper and lateral vector with fillers and botulinum toxin



RAJ KANODIA
(USA)

Dermal filler and botulinum toxin injections with focus on jawline contouring



HERVÉ RASPALDO
(Switzerland)

LIVE HYALURONIC ACID INJECTION SESSION

The Fern Pattern



TOM VAN EIJK
(The Netherlands)

Joe Meixner

Healing & rejuvenation through music

Magical poolside concert
experience in a reclining position.

Seats are limited, do book yours on time to avoid disappointment.

Sunday, October 13, 2019

20:00 h

Hotel Dubrovnik Palace

40€

Piano medicine®

People have been aware of the healing effects of music for centuries. The findings of the German Hypertension League clearly show that music affects the function of the autonomic nervous system and causes emotional and hormonal response. But as the autonomic nervous system also controls the cardiovascular system, music also directly affects heart and respiratory rate.

Piano medicine® is a music therapy concept based on the findings of a number of research studies. Its founder and eminent pianist Josip Joe Meixner has relied on the latest research to compose and record music for therapeutic purposes.

Its beneficial effects on the vegetative system have been confirmed by a study conducted by authors from the Medical University of Vienna.

Piano medicine® has been recommended for the treatment of sleep disorder, high blood pressure, tension, chronic fatigue, anxious states, and mood swings.

Piano medicine® provides physical and mental benefits to its listeners. Composed for medicinal purposes, this music can lower stress hormone levels and blood pressure, improve the breathing rhythm, relax muscle tension, and alleviate the sense of pain and fear, to name but a few proven therapeutic effects. It has also been effective as a complement to conventional medicine without causing side effects! As a relaxation technique, it can also serve as preventive therapy. Deep relaxation, after all, is one of the most efficient techniques of self-therapy.

With its gentle music played in pianissimo, it restores balance to body and mind and removes the stress. Piano medicine® halts the restless and troubled mind and leads the way to harmony within. Altheda® is a unique concert brand you will never forget. Do something special for yourself and take in its healing sounds. Not while standing or sitting – the idea is to relax. We invite you to listen to this concert while lying down!

One large study on wellness treatment has shown that more than 70% of wellness and spa users opt for treatments that have been supported by medical research.

Piano medicine® is one such treatment, with proven beneficial effects on the vegetative system.

An extraordinary experience for extraordinary guests.

An extravagant event for the relaxation of congress participants at the end of a long day – Altheda® – a concert you listen to – lying down.

Joe Meixner

His childhood was already marked by the passion for improvisation, which he could experience as accompaniment pianist for his father. After the completion of the music school, for several years he performed as an accompanying pianist, among others for the American superstar **Trini Lopez**.

For almost ten years, he was the musical director of **Cabaret Simpl in Vienna**, before his relocation to **Los Angeles**. Soon, he became one of the "major players" of international events. Countless performances, including performances for **Kevin Costner**, **Larry Flynt** and **Ursula Andress**, gave eloquent testimony to his reputation.

In addition, he composed for the **Disney Channel** and **Fox Channel**.

Back in Vienna, with his band **PRIVATE SOUL** he performed on **Romy Award**, **Life Ball**, **ORF Gala**, **ATV Gala**, **RTL-Gala**, etc.

He is a composer, producer, visionary musical scientist and founder of **piano medicine®**, but above all a musician – one who breathes life and soul into music every time his hands touch the keys of the piano.

Joe Meixner creates a true art form by combining elements of classical, jazz and soul music in his own unique, original arrangements. His performances are the impressive creations of a magnificent musical personality. Whether **Claude Debussy's "Clair de Lune"** or **Sting's "Fragile"**, it is soul with the elements of jazz and classical music.

His performances are the dazzling creations of a magnificent musical personality. Joe sounds like as if playing the piano and making music were the most joyous activities imaginable. He'll take you to places you've never been to, but will always bring you back home. This is magic that combines passion with the powerful elegance and taste of a master.

What is it that makes every one of his concerts a special occasion? It is his ability to draw his audience into the melodious magic that he creates and to provide harmonic sound experiences to captivate his audience. Joe Meixner confirms his virtuosity and sheer credibility with every single note.

Every piece that Joe is playing is a proclamation of how grand it is to be alive, play piano, and make music

Lecture theatre King's Landing

Saturday, October 12, 2019 / 10:30-11:50

The effect of music on healing and rejuvenating the body